

Tuneful Chatter Safety Guide

We want you to enjoy Tuneful Chatter in a fun, safe and comfortable way.

By participating in any of our Tuneful Chatter sessions you agree to:

Follow any advice given to you or your child(ren) by your GP or health professional about taking part

If you or your child(ren) have any concerns or feel unwell, please stop and seek medical advice

Make sure the space around you is clear of hazards you could bump into or trip over

Amend or adapt any of the exercises and movements to best suit you and your child(ren)'s needs

If you prefer to sit down, please do!

Wear suitable clothing and remove footwear and socks before the start of the session

Clothing must be comfortable and loose, without anything that could get caught (such as jewellery or scarves)

Please bring a bottle of water for you and your child(ren)

Please feel free to breastfeed as / when / wherever you need

Please save snacks or food for before or after the session, outside the Studio

Changing facilities are available, please toilet or change your child(ren) in the allocated Changing Place

darts and our artists are not responsible for any injury sustained by you during the course of any activity

Please take the sessions at your own pace – and enjoy!

Address

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