

# We're Going on a Bear Hunt

A music-based learning  
resource pack for families

Here at darts, we wanted to make it easier for you to make music at home with the little people in your lives, so we have created a series of resource packs based around some of our favourite story books. Our musicians have come up with some creative ideas, songs and rhymes that you can do to bring the story to life. We have tried to cater for as many families as possible, so some of these activities are aimed at very young people, and some are aimed at slightly older children. These are only ideas, so feel free to pick the bits you like, change activities to suit you all and to add in anything that you think we have missed!

Most importantly, try not to worry about the music making – the interaction and communication with your child, encouraged by these ideas, is far more important than whether you sing the songs note perfect! Also, don't feel bad for repeating the same handful of songs that you feel confident with – repetition and familiarity are great at this stage and will encourage your child to join in at their own level – whether that be with speech, vocalisation and noises or physical gestures. Try repeating the activities at different speeds and with different voices to add variety.

We would love to see how you are using our resource pack – please tag us on social media using the details below.

Instagram - @wearedarts

Facebook - @wearedarts

Twitter - @we\_aredarts



## Makaton

We are huge fans of Makaton here at darts and we like to incorporate Makaton into songs and stories wherever we can – especially when working with our young learners. We don't want to overload you with too many signs, but here are a few key signs to try at home.

This pack uses symbols and signs from the communication aid Makaton. Makaton symbols and signs are copyright by and used with kind permission of The Makaton Charity. For more information about Makaton, please visit [www.makaton.org](http://www.makaton.org)



**Bear**



**Can't (No)**



**Over**



**Under**



Hand (sideways) moves through open fingers of other hand

**Through**



## The Bear Went Over the Mountain

A song about our senses, sung to the tune of 'Jolly Good Fellow.'

**The bear went over the mountain,  
The bear went over the mountain,  
The bear went over the mountain,  
To see what he could see,  
And all that he could see,  
And all that he could see,  
Was \_\_\_\_\_, a \_\_\_\_\_, a \_\_\_\_\_  
(add in things the bear may see)  
Was all that he could see**

**The bear went down by the river,  
The bear went down by the river,  
The bear went down by the river,  
To see what he could touch,  
And all that he could touch,  
And all that he could touch,  
Was \_\_\_\_\_, a \_\_\_\_\_, a \_\_\_\_\_  
(add in things the bear may touch)**

**The bear went through the forest,  
The bear went through the forest,  
The bear went through the forest,  
To see what he could smell,  
And all that he could smell,  
And all that he could smell,  
Was \_\_\_\_\_, a \_\_\_\_\_, a \_\_\_\_\_  
(add in things the bear may smell)**

**The bear went through the mud swamp,  
The bear went through the mud swamp,  
The bear went through the mud swamp,  
To see what he could hear,  
And all that he could hear,  
And all that he could hear,  
Was \_\_\_\_\_, a \_\_\_\_\_, a \_\_\_\_\_  
(add in things the bear may hear)**



The bear went back to his cave,  
The bear went back to his cave,  
The bear went back to his cave,  
To see what he could taste,  
And all that he could taste,  
And all that he could taste,  
Was \_\_\_\_\_, a \_\_\_\_\_, a \_\_\_\_\_  
*(add in things the bear may eat for his tea)*



## Sound effect discovery bottles

We're Going On a Bear Hunt has some lovely sounds to explore, from the 'swishy swashy' of long grass, to the 'squelch squelch' of oozy mud. If heading out to the fields to squelch through mud is a bit too much for you, bring the sound effects in to the house, by creating sound effect discovery bottles. You simply need 5 empty plastic bottles, filled with items linked to each scene/sound below:

- Swishy swashy grass – think blades of grass, or green paper cut up to look like grass.
- Splash splosh river – fill this with water (I like to add some blue food colouring and glitter to mine, to make it more sensory)
- Squelch squelch mud – add lots of soil and a bit of water for thick oozy mud.
- Stumble trip forest – some twigs and leaves will make some nice sounds when shaken.
- Hoooo woooo snowstorm – some cotton wool balls and white rice will look and sound lovely when shaken!

Once you have your 5 different sound effects, you could try adding them when reading the story.

Here are some more, lovely sensory activity ideas, from a teacher:

<http://www.teachertypes.com/2014/09/were-going-on-bear-hunt-bringing-story.html?m=1>

Alternatively, you can use ready-made objects from around your house to add the sound effects. Try sweeping a broom across the floor to create the swishy swashy of the long grass, shake a water bottle for the splash splosh river, a small tub of jelly will make a glorious squelch squelch of oozy mud, a wooden spoon tapping on a hard surface will make good stumble trip sounds for the forest, snowstorm sounds can be made by blowing over the top of empty bottles and tapping the fingers of one hand on the palm of your over hand will make good tiptoe sounds!



## Teddy Bear's Picnic

An oldie but a goodie! We're sure you all know the tune for this one, but here's a nice version, sung by Anne Murray:

<https://youtu.be/uxFIGWm9M6w>

And another lovely version sung by Bing Crosby:

<https://youtu.be/lrvkHAXnjzl>

**If you go down in the woods today, you're sure of a big surprise  
If you go down in the woods today, you'd better go in disguise  
For every bear that ever there was will gather there for certain  
Because today's the day the teddy bears have their picnic**

**Every teddy bear who's been good is sure of a treat today  
There's lots of marvellous things to eat and wonderful games to play  
Beneath the trees where nobody sees they'll hide and seek as long as they please  
That's the way the teddy bears have their picnic**

**Picnic time for teddy bears  
The little teddy bears are having a lovely time today  
Watch them, catch them unawares and see them picnic on their holiday**

**See them gaily gad about  
They love to play and shout  
They never have any cares  
At six o'clock their mummies and daddies will take them back home to bed  
Because they're tired little teddy bears**

**If you go down in the woods today, you better not go alone  
It's lovely down in the woods today, but safer to stay at home  
For every bear that ever there was will gather there for certain  
Because today's the day the teddy bears have their picnic**



## Round and Round the Garden

A lovely, simple tickly rhyme!

**Round and round the garden**

*(draw circles on palm of child's hand)*

**Like a teddy bear**

*(continue to draw circles)*

**One step, two step**

*(your fingers take large 'steps' up child's arm)*

**And tickly under there**

*(tickle child)*

If you want an added challenge, here is Mr Tumble signing the rhyme in Makaton, for you to learn:

[https://youtu.be/cEd\\_qkp6Wio](https://youtu.be/cEd_qkp6Wio)



## Teddy Bear Teddy Bear

A great calming song for bed time! There are lots of variations on the lyrics for this one, but here is the version we use. There are a lot of rather 'high energy' versions on YouTube, but since this makes a lovely lullaby, we wanted to find a calmer version! Here is a soothing, instrumental version, so you can hear the melody to sing it to:

[https://youtu.be/GbA\\_q71uWuQ](https://youtu.be/GbA_q71uWuQ)

**Teddy bear, teddy bear, turn around,  
Teddy bear, teddy bear, touch the ground,  
Teddy bear, teddy bear, reach up high,  
Teddy bear, teddy bear, touch the sky,**

**Teddy bear, teddy bear, go to bed,  
Teddy bear, teddy bear, rest your head,  
Teddy bear, teddy bear, turn out the lights,  
Teddy bear, teddy bear, say "good night".**



## Websites, links and resources

All of these YouTube links and websites were checked at time of writing, but we advise that you please check them yourself to ensure that they are still child-friendly.

Michael Rosen performing We're Going On A Bear Hunt

<https://youtu.be/0gyl6ykDwds>

Animated Version of We're Going On A Bear Hunt

<https://youtu.be/Waoa3iG3bZ4>

Mr Tumble On A Bear Hunt

<https://youtu.be/VwjW7yzWaLs>

We're Going On A Bear Hunt song

[https://youtu.be/5\\_ShP3fiEhU](https://youtu.be/5_ShP3fiEhU)

Teacher types – Bear Hunt special

<http://www.teachertypes.com/2014/09/were-going-on-bear-hunt-bringing-story.html?m=1>

Home School Creations – craft activities for Bear Hunt (I like the idea of making the binoculars and map)!

<https://www.homeschoolcreations.net/25-activities-crafts-and-printables-for-were-going-on-a-bear-hunt/>

Teddy Bears Picnic sung by Anne Murray

<https://youtu.be/uxFIGWm9M6w>

Teddy Bears Picnic, sung by Bing Crosby

<https://youtu.be/lrvkHAXnjzI>

Mr Tumble signing Round and Round the Garden:

[https://youtu.be/cEd\\_qkp6Wio](https://youtu.be/cEd_qkp6Wio)

Teddy Bear Turn Around – Lullaby instrumental:

[https://youtu.be/GbA\\_q71uWuQ](https://youtu.be/GbA_q71uWuQ)

