

Owl Ears

**A fun activity to
try out at home**

This is a really simple activity that you can do absolutely anywhere – it doesn't matter if it is in your house, school or in the garden. Maybe try the same activity in different places to see what different sounds you can find!

Take a few minutes to sit still and listen. Really listen and engage your Owl Ears (because owls are active at night, they need brilliant hearing to help them move and hunt in the dark). Listen to the noises that you can hear around you – it might be loud noises like a dog barking next door, or tiny background noises that you've never noticed before like the heating switching on, or the whirr of a computer fan. What can you hear? Try writing down, drawing or recording the sounds you can hear. Use your owl ears in different locations, so you can collect lots of different sounds.

Date:

Location:

Sounds I can hear:

To find some sounds that other people have collected, check out the Minute of Listening website (currently free to access). They have a whole collection of sounds from different parts of the world and you can even choose clips by mood – funny, creepy or calm etc. (select the 'explore minutes by mood' option). Choose one clip a day, stop what you are doing and really listen to it (We like to do this lying down with our eyes closed for extra owl ear hearing). Some clips may make you laugh, some might make you smile and some might make you sleepy. Which clip is your favourite? Are there any you don't like and why? Try keeping a log of the clips you listen to – you could even give each clip a star rating like a real music critic!

Minute of Listening - <https://www.minuteoflistening.org/>

